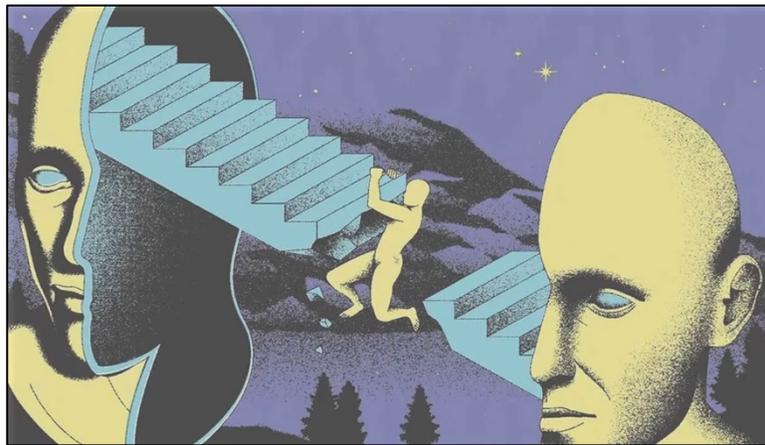




MAGPS Mid-Atlantic Group
Psychotherapy
Society (MAGPS)

**Fall 2023 Conference
Digital Conference Packet**

**Breaking Binaries, Moving Beyond
Yalom: Embracing Diversity
Consciousness with
Non-Traditional Group Theories**



Saturday and Sunday, November 11-12, 2022

Presenter:

Vinny Malik Dehili, PhD, CGP, ABPP

11 Hours CEU/CME

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CONFERENCE OMBUDSPERSONS

Artie Bray, MA, LMSW: (202-270-0859)

Kelechi Fluitt, PhD: (202-642-6451)

Catherine Grothus, LPC (she/her), Conference Chair: (608-213-2680)

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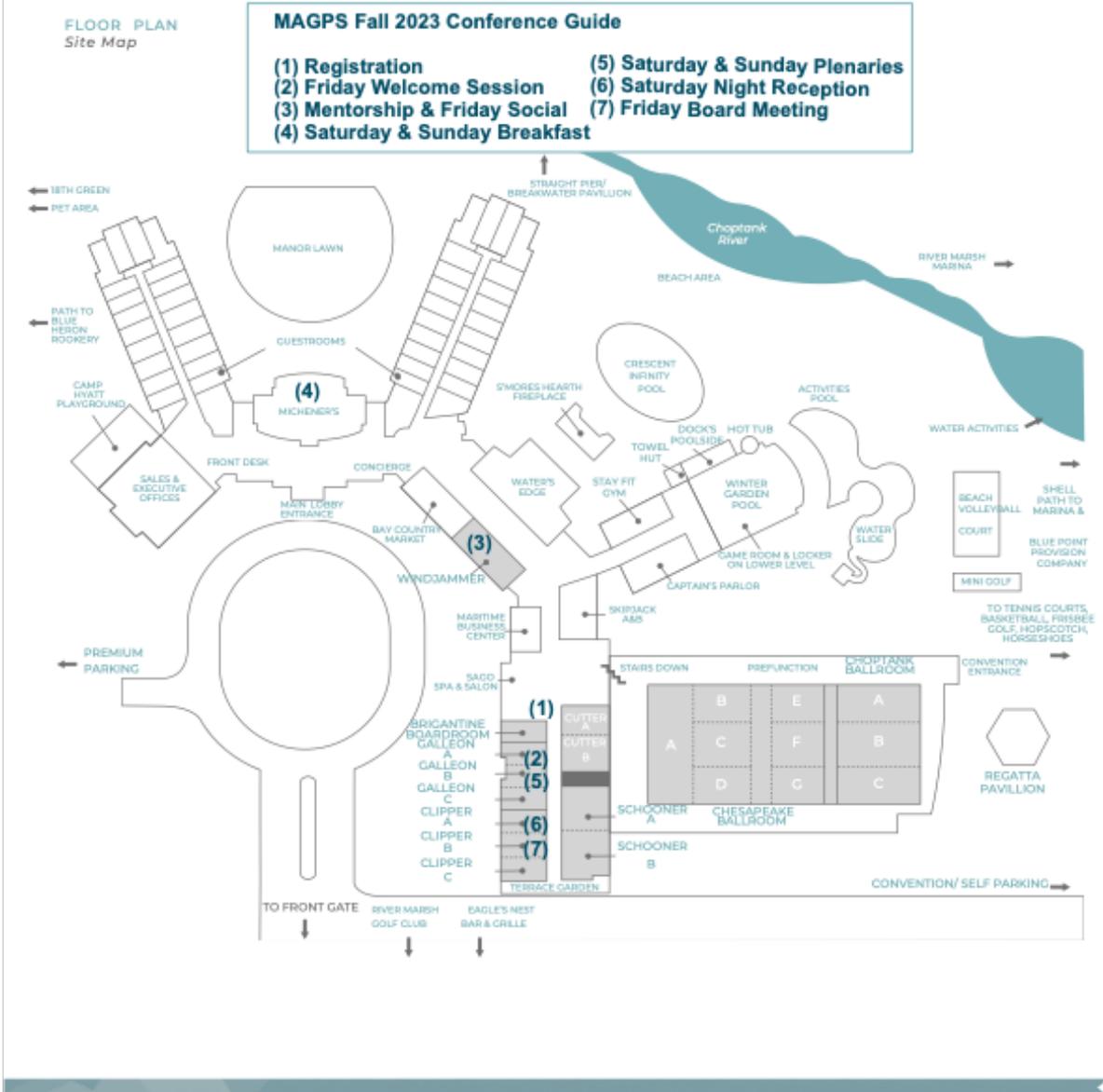
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Conference Center Map

HYATT REGENCY CHESAPEAKE BAY
 GOLF RESORT, SPA AND MARINA
 100 Heron Boulevard
 Cambridge, MD 21613
 USA

T +1 410 901 1234
 F +1 410 901 6301
 saleschesa@hyatt.com
 chesapeakebay.hyatt.com





WELCOME LETTER

November 10, 2023

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Dear Members and Colleagues of MAGPS:

One thing I know for certain, this weekend something will go wrong. My planning will have forgotten something or someone. And when it does, I hope I can find the beauty in that. That my mistake or misstep could result in an unknown and needed experience somewhere down the line.

I love the process of planning. It truly brings out the best and more obsessive parts of me. Starting with an idea or an image. Letting that sit and grow as the full breadth and depth of a concept comes to life.

This conference wasn't something I knew I needed. It fell into my lap after joining the board of MAGPS in July 2023. And I joined because something went wrong. I felt unseen. So, I pushed against the organization and the organization pushed back.

That is, with an invitation to help make things run smoother, to be another set of eyes so that MAGPS can work towards seeing and growing more fully.

And where chairing a conference was not something I would have ever thought I would/could/should take on, now looking back I would not have it any other way. I have loved being at the helm and watching this process grow and unfold. Perhaps that is the conference or my planning but more so, me.

I never knew how much I really needed groups of people until COVID. Don't get me wrong, I have always loved being in relation to others. I love hosting. Creating environments and events for myself and others. But my body never knew how much I needed groups. Thinking about the years of COVID brings up so many feelings of loneliness and isolation. Being in a group immediately changes that. I hope for all of us, this weekend provides that sense of community and connection.

What I am most looking forward to this weekend is the experiential portions. Vinny will be running three fishbowls with over 20 volunteers. I truly think this will prove to be a powerful tool for learning. One that



we as therapist have to offer: modeling. Showing up and showing others how you would do it. To be in it with others be it good, bad, messy, or otherwise.

A close second of this weekend is the Saturday night social with food, music, dancing and just letting loose. This wasn't something originally in the plans. But because of you – over 80 of you! – we can offer this experience, which I am told is an MAGPS tradition.

Even thinking about sitting (or dancing) in a room with others, awkwardly looking at everyone's feet, brings a feeling of warmth and connection. How the energy flows between individuals, both in the desire to connect as well as the need for conflict.

I need to push against something — literally and figuratively. To feel it push back so that I know I am here - breathing, fighting, being seen, and hopefully making deeper connections with others and myself.

Hope you plan on having an amazing weekend. I know for me, I have it all mapped out.

Warmly,

Catherine

CONFERENCE PRESENTER



Vinny Malik Dehili PhD, CGP, ABPP is Board Certified in Group Psychology and serves as the Group Coordinator at Vassar College. He is also owner of Change the Narrative Counseling, LLC. Vinny has a passion for bringing diversity consciousness and anti-racism practices to group therapy, serving as the Co-Chair for the Diversity and Equity Task Force within the American Group Psychotherapy Association (AGPA). Vinny leads several training groups for therapists in his private practice to allow others to grow personally and professionally through experiential training while providing a plethora of free psycho-educational content through his Non-Traditional Group theory seminar series which is used to increase the diversity of thought and methods groups can be viewed while honoring clients' socio-cultural context. He serves as current Vice President of the Florida Group Psychotherapy Society, is the current Program Chair for Division 49 – Group Psychology/Group Psychotherapy and is the Vice President of the Group Specialty Council of APA in an effort to standardize quality group training across internship sites within psychology.

To learn more about why this topic and why this conference, check out Margaret Wilmot-Francis' interview: <https://www.youtube.com/watch?v=XjVejRC0Yas>

CONFERENCE SCHEDULE

PRE-CONFERENCE ACTIVITIES

FRIDAY, November 10, 2023	
3:00 – 5:00pm	MAGPS Fall Board Meeting <i>Room: Clipper A/B/C</i>
5:00 – 7:00pm	Conference Check-In and Registration – <i>located outside of Galleon A/B/C</i>
7:00 – 8:00pm	Conference Introduction and Welcome <i>Room: Galleon A/B/C</i>
8:00 – 8:30pm	Mentorship Social <i>Room: Windjammer</i>
8:30 – 10:00pm	Conference Welcome Reception <i>Room: Windjammer</i>

CONFERENCE ACTIVITIES

SATURDAY, November 11, 2023	
7:00 – 8:30am	Continental Breakfast <i>Room: Michener’s Library</i>
7:15 – 8:15am	BodyWorks & Moving Meditation Sponsored by the Anti Racism Committee <i>Room: Meet Maggie Wilmot-Francis and Jill Penaloza in the Lobby</i>
8:30 – 8:45am	Welcome and Announcements Presenters: Catherine Grothus and Liz Marsh <i>Room: Galleon A/B/C</i>
8:45 – 9:15am	Plenary 1—From Individualism to Interbeing with Group Theories Presenter: Vinny Malik Dehili, PhD <i>Room: Galleon A/B/C</i>
9:15 – 10:15am	Demonstration Fishbowl: Buddhism, Mentalization & Self-Psychology
10:15 – 10:30am	Demonstration Debrief and Q&A
10:30 – 10:45pm	BREAK
10:45-12:15pm	Small Group #1 <i>Room: See Small Group List</i>
12:15 – 2:15pm	LUNCH Mentorship Lunch from 12:45-1:45 pm at Lil’ Bitta Bull. <i>Room: Meet Josh DeSilva in Lobby at 12:15.</i> Restaurant: Lil Bitta Bull BBQ - 520 Race Street, Cambridge, MD 21613



2:15 – 3:00pm	Plenary 2—Metaphors, Dreams and the Space Between Presenter: Vinny Malik Dehili, Ph.D. Room: Galleon A/B/C
3:00 – 4:00pm	Demonstration Fishbowl: Group Analytic Metaphors, Jung Dream Work and Omnipotent Child
4:00 – 4:30pm	Demonstration Debrief and Q&A
4:30 – 4:45pm	BREAK
4:45 – 6:00pm	Small Group #2 Room: See Small Group List
6:30 – 11:00pm	Reception and Music with Dancing (Heavy Appetizers) Room: Clipper A/B/C

SUNDAY, November 12, 2022	
7:00 – 8:30am	Continental Breakfast Room: Michener’s Library
7:15 – 8:15am	BodyWorks & Moving Meditation Sponsored by the Anti Racism Committee Room: Meet Maggie Wilmot-Francis and Jill Penaloza in the Lobby
8:30 – 9:00am	Welcome and Announcements Presenters: Catherine Grothus and Liz Marsh Room: Clipper A/B/C
9:00 – 9:30am	Plenary 3- Spontaneity, Creativity and Shared Storytelling Presenter: Vinny Malik Dehili, Ph.D. Room: Clipper A/B/C
9:30 – 10:30am	Demonstration Fishbowl: Psychodrama, Restorative Justice, and Table-Top Roleplaying Therapy
10:30 – 11:15am	Demonstration Debrief
11:15 – 11:30am	Break
11:30am – 12:45pm	Small Group #3 and Small Group Debrief: Stay in Small Group rooms
12:45 – 1:00pm	BREAK
1:00pm – 1:45pm	Plenary 4 – Wrap-Up and Q&A Presenter: Vinny Malik Dehili, Ph.D. Room: Clipper A/B/C
1:45 – 2:00pm	Conference Wrap-Up

POST-CONFERENCE ACTIVITIES

SUNDAY, November 12, 2022	
2:00 – 3:30pm	BIPOC Lunch & Social , sponsored by Anti Racism Committee <i>Meet on the Terrace after the conference.</i>

SAFE ENVIRONMENT CONDUCT POLICY

Purpose: The Mid Atlantic Group Psychotherapy Society (MAGPS) aims to be inclusive of many participants, with many varied and diverse backgrounds. It is the mission of the MAGPS to establish a safe, unique, creative learning environment for all attendees by hosting learning events that offer both didactic and experiential learning through participating in whole group and small group processes. As such, we are committed to providing a friendly, safe, respectful, and welcoming environment for all, regardless of race, gender, sexual orientation, ethnicity, religion, political affiliation, disability, age, appearance or other personal characteristics and socioeconomic status.

The MAGPS Safe Environment Conduct Policy outlines our expectations for all those who participate in MAGPS experiences, as well as the consequences of unacceptable behavior. When participating in small group sessions held during Conferences or other MAGPS-hosted learning events, challenging dynamics may emerge requiring you to respond to, witness, take responsibility for, and self-reflect upon microaggressions, power and privilege dynamics, effectively manage ruptures, and to the degree possible, restore or repair relational ruptures. While Small Groups can be a powerful learning tool, this experience has harmed black, as well as colleagues holding marginalized identities in the past. In your review of MAGPS Safe Environmental Guidelines, please also read the hyperlinked text: [AGPA Guidelines for Creating Affirming Group Experiences](#).

"Participant" in this policy refers to anyone attending any MAGPS activity, including staff, sponsors, contractors, vendors, exhibitors, venue staff, members, faculty, and all attendees at any official MAGPS-hosted event and unofficial social gatherings connected with MAGPS.

Expected Behavior. We expect all participants to abide by the MAGPS Safe Environment Conduct Policy by:

- Promoting a safe environment and positive learning experience for everyone
- Exercising consideration and respect in their speech and actions
- Practicing radical empathy and considering how your speech and actions impact and could harm others

Unacceptable Behavior. Unacceptable behaviors include intimidating, harassing, abusive, discriminatory, derogatory, or demeaning speech or actions by any participant at an MAGPS function, or related event, publicly, in small group experiences, and/or in one-on-one communications carried out in the context of an official or unofficial MAGPS event.

If a participant engages in unacceptable behavior, MAGPS reserves the right to take any action MAGPS deems appropriate, including the right to remove an individual from the event without warning or refund, to prohibit an individual from attendance at future MAGPS activity, and (in more egregious instances) to notify the individual's state licensing board.

If You Are Subject to or Witness Unacceptable Behavior. If you are subject to unacceptable behavior as specified by the MAGPS Safe Environment Conduct Policy, or believe this policy has been violated, please contact the event Ombuds (if applicable), event Chair(s), and the MAGPS President. All complaints will be treated seriously and responded to promptly.



SMALL GROUP ASSIGNMENTS

<p><u>Nicholas Kirsch</u> Room: Galleon A</p> <p>Paola Gonzalez Jack Werstein Kirsten Chadwick Salman Akram Sarah Hedlund Abie Tremblay Kelechi Fluitt Tess Smith</p>	<p><u>Victoria Lee</u> Room: 3508</p> <p>Hoor Jangda Josh DeSilva Akia Wade Francois Williams Raynell Sangster Sean LeSane Dajah Park</p>	<p><u>David Rose</u> Room: 6508</p> <p>Jill Penaloza Jennifer McLish Emilie Gomart Marcus Hummings Jennifer Grosman Terry Chang Anisley Valdes Lisa Scheivelbein</p>
<p><u>Maryetta Andrews-Sachs</u> Room: 6219</p> <p>Michael Magenheimer Sonia Kahn Bernie Stoltz Charlotte Blutstein Ryan Rudy-Logue Grace Riddell William Pinney Connor Burry</p>	<p><u>Karen Eberwein</u> Room: 3507</p> <p>Jonathan Lebolt Claire Butler Laura Phillips Lenore Pomerance Robin Truitt Rob Williams Miriam Mikadze Veronica Slaght</p>	<p><u>Christopher Ray</u> Room: 3219</p> <p>Julio Fonesca Okera Shepard Farooq Mohyuddin Maggie Wilmot Francis Christopher Bonner Jamerson Watson Crystal Vaughn Jackie Darby</p>
<p><u>Rebecca Abell</u> Room: 4508</p> <p>Kelly Gleichman Lucy Cronin Chris Michael Ari Kopolow Kate Berger Adam Sowa Sally Brandel Raquel Willerman</p>	<p><u>Christopher Straley</u> Room: 4219</p> <p>Jessica Chan Melissa Nicolaou Tara Reilly Jonathan Stillerman Douglas Eifert Angela Snyder Hayley Hoffman</p>	<p><u>Lisa Kays</u> Room: 5508</p> <p>Judy Tyson Steve Van Wagoner Katerina Evans Lisa Moscatiello Kendra Sievers Artie Bray Robin Gorslin Emily Remillard</p>

GUIDELINES FOR CONFERENCE PARTICIPATION

The MAGPS Annual Conference offers a unique learning environment with didactic information, small process group sessions, and/or large group experiences interwoven over two or three days. The goal is to provide participants an opportunity to integrate a deeper theoretical understanding of the conference theme into their group leadership style and clinical practice.

Large Group Meetings: The guest presenters will lead all large group sessions and/or plenaries. The format of each large group meeting will reflect the schedule of events listed in the conference brochure. Formats may include didactic or case presentation, Q&A, live demonstration groups, experiential exercises, or a large group process experience. A final wrap up to discuss realizations and implications for practice and final MAGPS announcements will conclude the conference.

Small Group Sessions: Three small group sessions alternate with the large group sessions throughout the weekend with 6-10 members in each group. Conference attendees are pre-assigned to a group/group leader at the time of registration. *These sessions are treated as confidential. Although a member may use the opportunity to learn something personal about oneself, the contract is for education, not for psychotherapy. Registrants are expected to attend all small group sessions.*

Objectives: The task of the small group sessions or process group, is to study its own behavior in the interactive process of the here-and-now. Small Group Leaders (SGLs) will emphasize bridging experiential learning with cognitive understanding of the group's development and the conference theme. Participants may experience firsthand the challenge of joining, finding one's voice and becoming known, remaining emotionally present and working in the moment, and forming relationships and reflecting on interaction. Group dynamics, transference and countertransference reactions, projective identifications, sub-grouping, role selection, individual and group level defense mechanisms and resistances and other dynamic processes may be observed as emerging.

Structure: Small groups meet for three sessions. The final session will be followed immediately by a half-hour cognitive debriefing segment. The goal in debriefing is to discuss the process as a professional, to further bridge subjective experience with cognitive understanding. The leaders will share their perspectives and theoretical basis for making interventions. Questions may be asked about any aspect of the experience. This is the time to "process the process."

Small Group Leaders: Leaders are experienced group therapists and educators. Many are longtime members of MAGPS and AGPA and meet qualifications for CGP. The leader's task is to help the group study its own behavior and to protect the safety of its members and the boundaries of the group. They are there to support the process of



exploration. They will support any process that leads to further understanding, but will guide the group away from advice giving, judgments, and problem solving.

What to Expect: An experiential process group provides the opportunity to sensitize oneself to the experience of our clients as they face the challenge of being in a group. It is natural to feel anxious starting a small group. The leader will welcome these and other feelings and reactions as they emerge and will help the group explore them in a constructive way. You may also have the opportunity to receive feedback from the group.

Members: Group members are expected to take personal responsibility for the level of their participation and the extent of their self-disclosure in the group. While participants are encouraged to be open, self-reflective, and willing to engage in interaction, members are not expected to disclose personal materials they prefer to keep confidential or to work at a deeper level than they are comfortable. Personal boundaries will be respected.

Attendance: Attendance at all three small group meetings is required. People are expected to come on time and to stay for all group sessions as well as the debriefing. Changing groups is not allowed once the small group starts. If there are exceptional circumstances with conflicts of roles, see the Registrar or the Conference Chair to request a different group BEFORE the small groups begin.

Confidentiality: Confidentiality is extremely important. Confidentiality guidelines will be discussed and agreed upon among members and the leader(s) at the outset of the first small group. Leaders are bound to confidentiality guidelines as well and will not discuss individual content or reveal personal identities in their meeting with other SGLs.

Conference Faculty Meetings: Meetings with the conference chairs, presenters, and small group faculty consultants will occur during the weekend. The purpose of these parallel meetings is to provide support, debriefing, and group consultation to the small group consultants. Each small group consultant will protect the confidentiality of their individual members.

Evaluation/CEUs A conference evaluation link will be sent to you after the conference. You are invited to be candid, as your feedback is extremely helpful to the small group consultants, presenters, and conference planning committee. Completion of the evaluation is required to receive CEUs; for those applicable, you can expect to receive your CE Certificate within a few weeks after you have completed these requirements.

THE SMALL PROCESS GROUP EXPERIENCE

During the weekend, all conference attendees will participate in three process group experience sessions, each lasting for 75 minutes with a debrief following the final process group. The groups are comprised of 6-10 members. The primary task of the small process group experiences at Mid-Atlantic Group Psychotherapy Society (MAGPS) conferences is to have a space to integrate the didactic material presented by the guest speakers with one's own understanding of self and the small group process. In addition, attendees will see their learnings in action through opportunities to volunteer to facilitate the small group sections.

The goals for the attendee may be achieved through self-exploration and noticing one's feelings, thoughts, and reactions in the here-and-now while participating as a group member. In addition to observing and reflecting on one's own behavior, one may also give feedback to and receive it from fellow group members and/or small group consultant. Group members may experience firsthand the challenges of joining, finding one's voice and becoming known, remaining emotionally present and working in the moment, forming relationships, and reflecting on between-member interactions.

Process groups provided by MAGPS can be intense educational and professional development experiences; they are not psychotherapy groups. Conference attendees may derive therapeutic benefit by participating in a small group, but should avoid using the group to explore personal histories as one may do in group therapy.

THE ROLE OF THE OMBUDSPERSONS

Artie Bray, MA, LMSW (202-270-0859) and Kelechi Fluitt, PhD (202-642-6451) are serving as conference ombudspersons. The ombudspersons are “representatives of the people,” appointed to receive private inquiries, concerns, or complaints regarding specific actions or inactions, or broader systemic issues arising during the conference attendee’s experience – especially those that cause immediate and/or significant distress. The Ombudsperson is an informal supporter, listener, processer, and at times communicator. If you have a concern that arises during the conference, as a result of which you would benefit from such an informal space, please reach out to them as listed. If you think someone in your group would benefit from this consultation or know of a situation arising during the conference that you believe warrants intervention, please refer the matter quickly.

*NOTE: If you are in the same small group as an ombudsperson, please contact the conference chair for support: Catherine Grothus, 608-213-2680; catherinegrothus@gmail.com.

CONFERENCE CONNECTION EVENTS

Friday Night, November 10, 2023

**8:00 – 8:30 pm: Mentorship Social for Mentors and Mentees
(Windjammer Lounge)**

8:30 – 10:00 pm: Welcome Reception for all participants (Windjammer Lounge)

Saturday, November 11, 2023

12:45 – 1:45 pm: Lil' Bitta Bull (Meet in Lobby at 12:15 pm)

7:00 - 8:30 am: Complimentary Breakfast (Michener's Library)

7:15 - 8:15 am: BodyWorks & Moving Meditation (Meet in Lobby)

Awaken your Body and Connect to Nature with this easy to learn 30-minute wellness routine taught by your MAGPS ARC co-chairs!

Personal trainer, Maggie Wilmot-Francis (MA/Doctoral Candidate) will begin by teaching stretches to relax and loosen major muscle groups, then, Sheng Zhen meditation teacher, Jill Penalosa (MS, MA, MFA) will teach how to use Qi (energy) to heal and strengthen the body, heart, mind, and spirit.

We'll meet in the lobby at 7:15am and walk together to the practice area. Please bring a yoga mat or light blanket.

**6:30-11:00 pm: Reception with Music, Dancing
and Heavy Hors d'oeuvres (Clipper A/B/C)**

Sunday, November 12, 2023

7:00 – 8:30 am: Complementary Breakfast (Michener's Library)

7:15 – 8:15 am: BodyWorks & Moving Meditation (Meet in Lobby)

2:00 – 3:30pm: BIPOC Lunch & Social (Meet on the Terrace)



Welcome & Meet & Greet

FRIDAY, NOVEMBER 10TH

Come and fellowship with other conference attendees before we start this wonderful weekend.

Deserts will be provided.

Alcohol and Non-Alcoholic beverages are provided through a cash bar.

Conference Welcome Event
Galleon A/B/C
Everyone: 7:00 PM to 8:00 PM

Meet & Greet
Windjammer
Mentors & Mentees: 8:00 PM to 8:30 PM
Everyone: 8:30 PM to 10:30 PM

Mid-Atlantic Group Psychotherapy Society
www.magps.org





Join Us and Continue to
Build Your Mentor/Mentee
Connection

MENTOR



Highlights:

- Mouthwatering BBQ Delights
- Non-BBQ Options Available

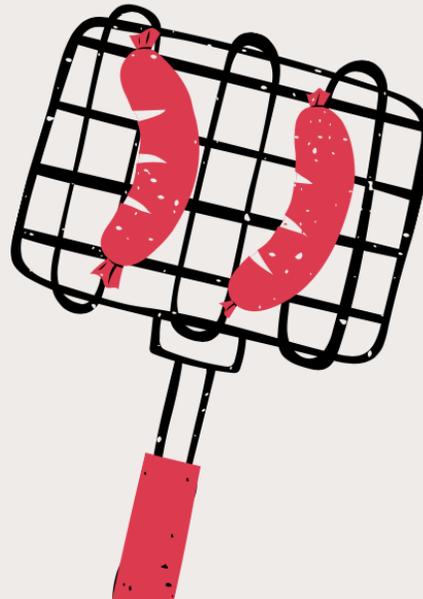
MENTEE

- Connection with Group Therapists
- Build Community

LUNCH

11th November 2023
12:45 PM - 1:45 PM

Lil' Bitta Bull
520 Race St,
Cambridge, MD 21613



SMALL GROUP LEADERS' BIOS

David Rose, PhD (He/Him) Dr. David Rose has been in the private practice of clinical psychology for over thirty years, seeing individuals, groups, and couples. He specializes in the psychotherapy of men and in early and recent trauma and is an original member of Divisions 52 and 56 of the American Psychological Association (Divisions of Men and Masculinities and of Trauma Psychology, respectively.) Dr. Rose has attended the National Group Psychotherapy Institute at the Washington School of Psychiatry and trained extensively in the Intensive Short-Term Dynamic Therapy program at the WPC. In addition, he is a certified experiential trainer in The ManKind Project, an international Men's network with centers and communities on five continents and has led or staffed over 90 experiential trainings around and outside of the US. He also serves as chair of the Mental Health Resource Team of the ManKind Project USA.

Victoria Lee, PhD, CGP (She/Her) is a certified group psychotherapist and a licensed clinical psychologist in Washington DC and Maryland. She currently works in private practice and has worked at the Howard University Counseling Services for many years where she provided clinical services and provided supervision to graduate students receiving training in the APA-accredited training program. Victoria has a passion for training professionals to be more culturally competent and has led numerous training groups for professionals and students. Victoria completed the Fellowship in Leadership at the National Group Psychotherapy Institute (NGPI) at the Washington School of Psychiatry and is currently a faculty member at NGPI.

Lisa Kays, LICSW, LCSW-C, LCSW, (she/her/hers) is an independently licensed clinical social worker. She obtained her MSW from Catholic University in 2011 and has been in private practice since 2013, providing individual, couples and group therapy to adults. She has an interest in social work ethics and has published on and leads ethics trainings on the intersection of technology, social media, and social work ethics. Recently, her ethics interests have expanded to developing and leading trainings on issues of anti-racism and diversity. In addition to her traditional psychotherapy work, Lisa was a performing improviser from 2007-



2019 and was on the faculty of Washington Improv Theater from 2008-2016. She developed Washington Improv Theater's first Improv for Therapist's class and has offered Improv for Therapist courses, workshops, and trainings.

Rebecca Abell, PsyD, CGP (she/her/hers) is a licensed clinical psychologist at MedStar Washington Hospital Center in Washington, DC, where she primarily works in the Intensive Outpatient Program. She is a certified consultant with the A.K. Rice Institute, Past President of the Center for the Study of Groups and Social Systems, Membership Co-Chair of the Washington-Baltimore Center for the Study of Group Relations and past MAGPS Newsletter Editor.

Nicholas Kirsch, PhD (he/him/his) runs therapy groups and process groups exclusively for psychotherapists. His therapy is relational, experiential, and integrative, drawing from many healing traditions and lifetimes as father, athlete, coach, boy scout, bartender, waterman, camp director, accountant and forever student of human nature. Free time is novels, theatre, hiking, Settlers of Catan and an addiction to biking. He is indebted to many teacher-healers including Virginia Satir, Anne Alonso, Fred Klein, Jack Mulgrew, and David Hawkins. He loves groups of all sorts and currently thrives in ongoing process groups led by Justin Hecht and Aaron Black. He feels "A good process group is one of life's highlights."

G. Christopher Ray, PhD, LP (he/him) is a Licensed Psychologist in Maryland; Washington, DC; Virginia; Delaware; and with PsyPact. He currently works in private practice through Ray of Light Psychological Services, where he provides therapy to children, adolescents, adults, and couples. His clients tend to work on parenting support, managing emotional expressions, improving interpersonal relationships, OCD, severe depression, and anxiety, as well as infidelity. His work with clients is grounded in a social advocacy and culturally inclusive foundation. He is also one of the founding members of the Anti-Racism Task Force (now Anti-Racism Committee) for the Mid-Atlantic Group Psychotherapy Society (MAGPS).

Christopher Straley, LCSW, LCSW-C, CST, CGP (he/they) Christopher Straley, is a Licensed Clinical Social Worker working in private practice in DC and MD. He is also a Certified Sex Therapist (CST) by the American Association for Sexuality Educators, Counselors, and Sex Therapists (AASECT), and a Certified Group Therapist (CGP) by the American Group Psychotherapy Association (AGPA). Chris



works primarily with men and the LGBTQIA+ community, specializing in same-sex relationship counseling, substance use/misuse, groups, men's sexual health, kink, and polyamory. He is currently on the faculty of the Washington School of Psychiatry's National Group Psychotherapy Institute (NGPI) and the Clinical Program, where he teaches on termination. Christopher currently co-leads two ongoing groups, a Sexual Health in Recovery group for bi/gay men whose sexual behavior is fused with drug use, and a mixed gender/orientation interpersonal psychotherapy group.

Karen Eberwein, PsyD, ABPP, CGP (she/her/hers) is a licensed psychologist and certified group psychotherapist who has been practicing in Washington DC and Maryland since 2005. In addition to working as a psychotherapist, Karen is an adjunct faculty member for the Doctor of Psychology Program at The George Washington University where she supervises and co-leads a group with a doctoral student at the Center Clinic. She is also a faculty member for the National Group Psychotherapy Institute and is the Past President of the Mid Atlantic Group Psychotherapy Society. In addition to working as a psychotherapist, Karen is Board Certified in Business and Organizational Consulting Psychology and works with human resource and security components of defense, government, and private sector industry conducting risk assessments and offering strategies for how to systemically manage internal threats to employees or other corporate assets. As such, Karen is currently involved in research related to countering hate crimes and domestic violent extremism through understanding social identity threats.

Maryetta Andrews-Sachs, LICSW, CGP, AGPA-F (she/her/hers) has been running groups for over 50 years. She has long been on the faculty of the National Group Psychotherapy Institute, also having served as Dean and Chair. She is a past MAGPS President and considers MAGPS one of her professional homes. With AGPA being another professional home, she is currently on the Board of the Group Foundation for Advancing Mental Health, as well as Co-Chair of the Online Institutes (AGPA). She is currently teaching the Group Therapy course at the Howard School of Social Work, as well as running a Process Group for the Howard PhD candidates. She also enjoys gardening, embroidery, her children - and "the dessert of life" - her grandchildren.

REFERENCE LIST

RECOMMENDED READINGS:

- [The Individual and The Group: The Twin Tyrannies of Internalism and Individualism by Farhad Dalal](#)
- [Excitement in Shame: The Price We Pay by Stewart Aledort](#)
- [Psychotherapy and Liberation by Alan Watts](#)
- [Self-Psychological Approaches to Ruptures and Repairs by Rosemary Segalla](#)



FALL 2023 CONFERENCE COMMITTEE

Conference Chair and Director of Events:

Catherine Grothus, LPC, NCC, CAC-I

Conference Registrar and Webmaster:

Sonia Kahn, PsyD, CGP

Conference Consultants:

Liz Marsh, LICSW, ATR, CGP and Jackie Darby, PsyD, CGP

Scholarship Coordinator:

Karen Eberwein, PhD, ABPP, CGP

Small Group Coordinator:

Josh DeSilva, Psy.D., CGP

Mentorship Coordinator:

Christopher Ray, PhD, LP

Continuing Education Coordinator:

Jessica Chan, LICSW, CGP

Outreach Coordinator:

Michael Magenheimer, PsyD, CGP

Student Outreach Coordinator:

Mariam Mikadze, MD

Director of Marketing and Communications:

Alison Howard, PsyD, MEd, CGP

Pre-Conference Presenter Interviewer:

Margaret Wilmot-Francis, MA / Doctoral Candidate

On-Site Conference Registration:

Jill Penaloza, LCPAT, CGP and Artie L. Bray, MA, LMSW

Treasurers:

Kelechi C. Fluitt, PhD and Shemika Brooks, PhD, CGP

Ombudspersons:

Artie L. Bray, MA, LMSW and Kelechi C. Fluitt, PhD



YOU ARE INVITED

TO BECOME A MEMBER OF MAGPS

[\(Click Here to Join\)](#)

Have questions? Send them to membership@magps.org.

CONTACT US TO GET INVOLVED WITH MAGPS

- Help out with the newsletter (Contact Alison at alisonhoward32@gmail.com)
- Join a committee (Contact Liz at lizmarsh08@gmail.com)
- Participate in community outreach efforts (Contact Michael at Drmagenheimer@gmail.com)

UPCOMING MAGPS EVENTS

MAGPS Anti Racism Committee Ongoing Groups

Sunday, Nov 19

3:00 – 4:30pm EDT

MAGPS-ARC BIPOC Consultation Group

The BIPOC consultation group meets on the third Sunday of each month.

Contact Maggie Wilmot-Francis or Christopher Ray for information.

(This group will not meet in December)

Sunday, Nov 26

3:00 – 4:30pm EDT

MAGPS-ARC White Affinity Group

The white affinity group meets on the fourth Sunday of each month.

Contact Jill Penaloza or Barbara Christy for information.

(This group will not meet in December)

TO GET YOUR CE CREDITS

Instructions for Confirming Attendance, Completing Post-Program Evaluation and Downloading CE and General Attendance Certificates

1. Immediately after the conference, you will receive an email from MAGPS with a link to the following page:

https://rutgers.ca1.qualtrics.com/jfe/form/SV_1GNYDX99owmqjB4

Please go to the link as soon as possible to verify your attendance at this conference.

2. Based on the information you submitted in Step 1, you will receive an automated email from Rutgers' RBHS CloudCME in 7 to 10 days that will allow you to complete a post-event evaluation and receive your CE or General Attendance certificates. If you do not receive an email, please make sure to check your junk mail folder. Instructions for first-time users of the Rutgers RBHS CloudCME system can be found on the following page.

If you have any questions about this process, please contact our Director of Outreach and Training, Jessica Chan, at jessicachan.lcsw@gmail.com.



First time RBHS Rutgers CloudCME Users seeking to access credits and certificates AFTER an event:

1. You will receive an email from Rutgers University RBHS with a link or visit <https://rutgers.cloud-cme.com>.
2. Your profile creation has been initiated with the e-mail submitted on your sign in sheet or the email used to register for the program on line through Rutgers RBHS CloudCME (not ANCOR)
3. Select the option *Forgot Your Password?*
4. Enter the email submitted on your sign in sheet or used during the registration process on line through Rutgers RBHS CloudCME.
5. Click *Reset Passsword*. This will trigger an email link (*check your spam and junk mail*) that prompts you to reset or generate a password to access your account information.
6. With your password created, and linked to your email- you may access your profile. Click "My CE" to complete your profile-Select "General Attendance" along with any other credit types that pertain to your degree/licensure.
7. Log in with email and password. In the "My CE" portal, you will then be able to click "Evaluations and Certificates" and complete your evaluation for the event.
8. You must fill out every mandatory field (noted in red) to submit the evaluation. If you click "submit" and nothing happens, please scroll back up to see which field was not completed.
9. After completing the course evaluation in the Rutgers RBHS CloudCME system, your CE Certificate will be accessible for PDF download or email. *If a fee is associated with your CE certificate you may pay within the system via credit card. Your CE Certificate will also be available in the system for 3 months following the program and continue to appear on your profile indefinitely.

If you get stuck, email CCE@ubhc.rutgers.edu.

Here's a video if you need help: <https://youtu.be/bK308vJeCel>





CONFERENCE CENTER MAP



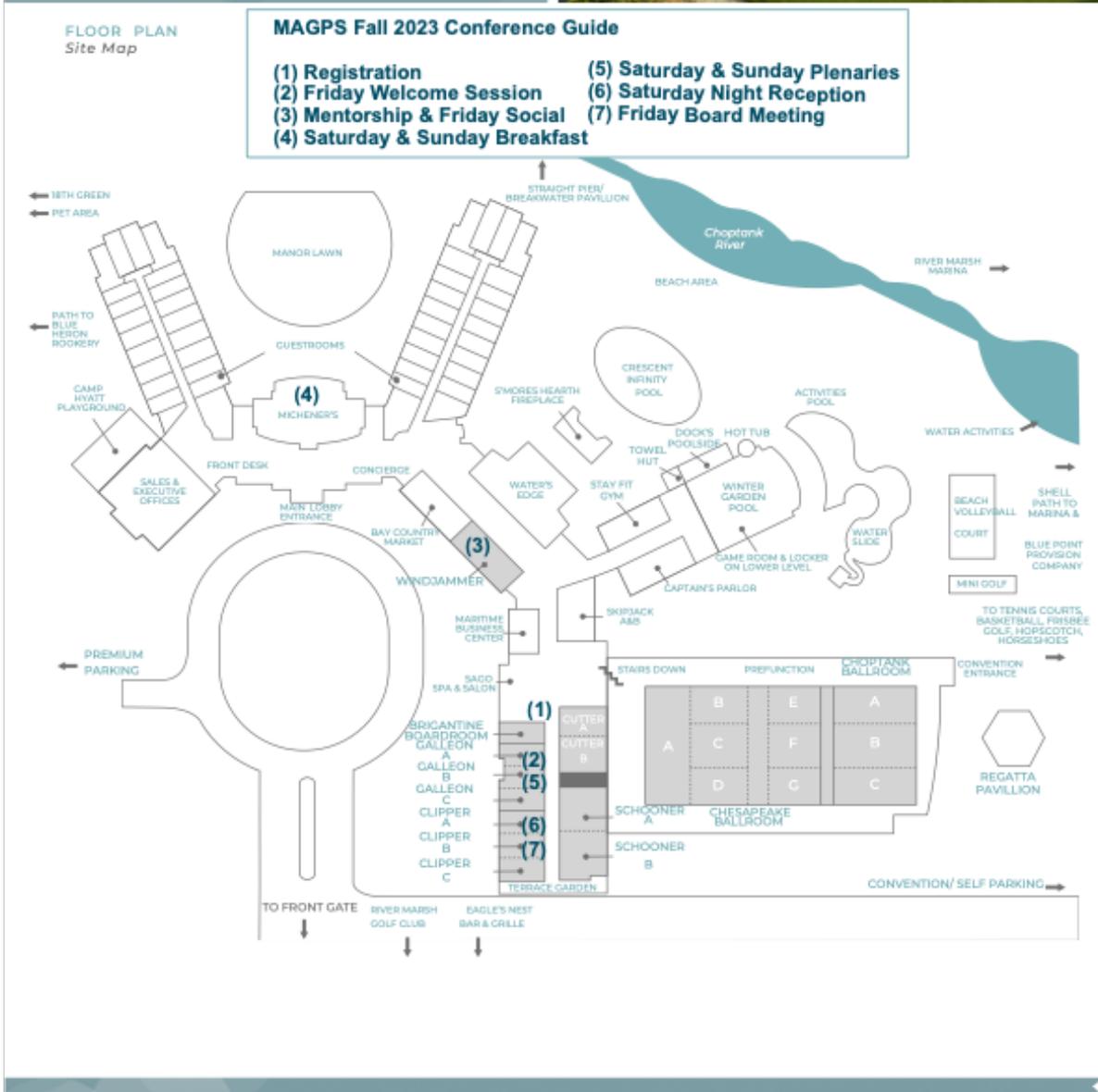
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 chesapeakebay.hyatt.com

FLOOR PLAN
 Site Map

MAGPS Fall 2023 Conference Guide

- (1) Registration
- (2) Friday Welcome Session
- (3) Mentorship & Friday Social
- (4) Saturday & Sunday Breakfast
- (5) Saturday & Sunday Plenaries
- (6) Saturday Night Reception
- (7) Friday Board Meeting



**THANK YOU
FOR COMING!
WE HOPE TO
SEE YOU
AGAIN SOON!**