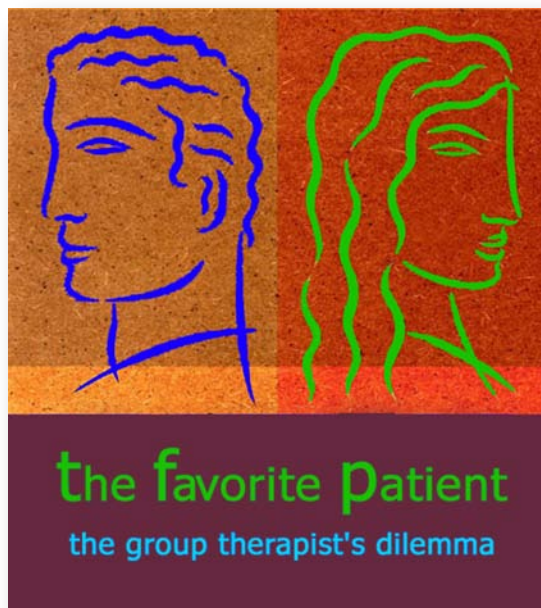


# THE MID-ATLANTIC GROUP PSYCHOTHERAPY SOCIETY

PRESENTS

MAGPS SPRING 2010 CONFERENCE

## THE FAVORITE PATIENT: THE GROUP THERAPIST'S DILEMMA



*Presenter*

**ELLEN WEBER LIBBY, PH.D., CGP**

Saturday & Sunday, April 24 & 25, 2010

Johns Hopkins University  
Montgomery County Campus  
Rockville, Maryland

## CONFERENCE DESCRIPTION

The Spring Conference offers a unique learning experience through didactic information sharing, large group meetings and dialogue, and small process group experiences. Our goal is to provide a relaxed learning environment in which participants can develop a deeper understanding of the various dynamics related to the complex of favoritism and how to integrate that knowledge into their group leadership style and clinical practice.

### **The Favorite Patient: The Group Therapist's Dilemma**

Dr. Libby will present two dimensions of the concept of favoritism. The first explores the dynamics of favoritism in families and Libby's notion that at each person's core are feelings related to being chosen, not chosen, or overlooked. The second explores how these influence our work as group therapists. Questions to be considered are these: How the desire to be favored impacts the patient and the therapist alike. How does having grown up as the favorite, overlooked, or unfavored child affect our work? What are our vulnerabilities to favoring one patient over another? What is the impact of our competitive desires -- to be the favorite therapist? No two patients are identical, and no two patients evoke in us identical feelings. Do we prefer the patient who gratifies us -- who makes us feel valued, smart, competent, and loved? What are our countertransferences? Together, we will examine how the complex of favoritism influences our work and our vulnerabilities to the collaborative dance of favoritism

### **Learning Objectives:**

At the end of this conference, participants will be able to

1. Describe the complex of favoritism.
2. Identify how growing up as the favorite, overlooked, or unfavored child influences the therapist's work.
3. Identify their vulnerabilities to favoring one patient over another

### **Continuing Education Credits:**

For Counselors, Clinical Social Workers, and Psychologists, Johns Hopkins University will award 11 CEUs for this program. All participants must attend, sign in/out each day, and complete an evaluation to receive certificates.

### **ADA Statement:**

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

*MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education.*



Mid-Atlantic Group Psychotherapy Society  
Deborah M. Sinek, Ph.D.  
313 Second St. SE Suite 211  
Charlottesville, VA 22902

WWW.MAGPS.ORG

Regional Affiliate  
of the American Group  
Psychotherapy Association  
www.agpa.org

## CONFERENCE SCHEDULE

### Saturday, April 24, 2010

8:00 - 8:45 am	Registration Coffee & Continental Breakfast
8:45 - 9:00 am	Welcome, Introductions
9:00 - 10:30 am	Plenary Session #1
10:30 - 10:45 am	Break
10:45 - 12:15 pm	Small Group #1
12:30 - 2:00 pm	Lunch & Community Meeting
2:00 - 3:45 pm	Plenary Session #2
3:45 - 4:00 pm	Break
4:00 - 5:30 pm	Small Group #2
6:00 - 7:30 pm	New Attendees & Mentors Reception: Courtyard Marriott

### Sunday, April 25, 2010

8:15 - 8:45 am	Coffee & Continental Breakfast
8:45 - 10:00 am	Plenary Session #3
10:00 - 10:15 am	Break
10:15 - 11:45 am	Small Group #3
11:45 - 12:15 pm	Small Group Debriefing with leader, Evaluations, CEU Forms
12:30 - 1:00 pm	Conference Wrap Up and Final Remarks

## CONFERENCE FACULTY

### Guest Presenter

Ellen Weber Libby, PhD, CGP, a licensed psychologist, maintains a private practice in Washington, D.C., where she has spent over 60,000 hours working with patients. Applying her expertise in family dynamics to ongoing individual and group therapy, Dr. Libby also supervises therapists and leads professional workshops. Dr. Libby's book, *The Favorite Child*, reflects her belief that at each person's core are feelings related to being chosen, not chosen, or overlooked, and that the dynamics emanating from the complex of favoritism profoundly impact the family and each individual. Dr. Libby's blog, "The Favorite Child: A Psychologist Views Family Dynamics," appears regularly on psychologytoday.com.

### Small Group Leaders\*

#### Co-led Group Leaders

Sarah Hedlund, PhD, and Jonathan Stillerman, PhD, CGP  
Hallie Lovett, PhD, CGP, and Ray Lovett, MA, LCSW, CGP

#### Single-led Group Leaders

Gloria Myers Beller, MSW, LICSW  
Sarah K. Brandel, PhD, CGP  
Jay Casey, PhD  
Joshua M. Cordonnier, LCSW, CGP  
Larney R. Gump, D.Ed., ABPP  
Nancy Hafkin, PhD, CGP  
David Hawkins, MD, CGP, DLFAGPA\*\*  
Grace Riddell, LICSW, LCSW-C, M.Ed.

*\*Small Group Leaders' biographies are posted on the Conference page at the MAGPS website.*

*\*\*MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country. David Hawkins is from the Carolinas Group Psychotherapy Society, is a past president of American Group Psychotherapy Association (AGPA), and is a long time colleague of Ellen Libby's.*

## CONFERENCE SITE

**Johns Hopkins University  
Montgomery County Campus  
9601 Medical Center Drive  
Rockville, Maryland 20850  
301-294-7000**

**The Courtyard Marriott  
2500 Research Blvd.  
Rockville, MD. 20850  
301-670-6700 or 800-321-2211**

### DIRECTIONS TO CAMPUS:

Beltway (495) to I-270 North. Take Exit 8 onto the Shady Grove Road West. Go 0.6 miles then turn right on Key West Ave. At first intersection, turn left onto Medical Center Drive. Campus is first driveway on right at 9601 Medical Center Dr. For further driving info: [www.jhu.edu/mcc/](http://www.jhu.edu/mcc/)

**For More Information contact:  
Margo London, MSW, CGP, Conference Chair  
301-229-1912  
MargoLondonMSW@juno.com**

## SCHOLARSHIP OPPORTUNITIES

MAGPS supports the professional development of students, interns, and residents through a 1st time Attendee Student Scholarship Fund that covers registration fees. These scholarships are awarded to applicants on a lottery basis.

Download scholarship application from Website: [www.magps.org](http://www.magps.org) and send to Lenore Pomerance, MSW at [Lenore@menopausecounseling.com](mailto:Lenore@menopausecounseling.com)

## CONFERENCE REGISTRATION

**Register online at [magps.org](http://magps.org)  
Registration Deadline: April 16, 2010**

- I want to join MAGPS and receive member rates & other benefits. \$50 regular member; \$25 retired member. First-time attendees will have membership included in their conference registration fee. \_\_\_\_\_
- MAGPS Member \$235.00
- Non-Member \$255.00
- First-Time Attendee \$210.00
- New Professional (First two years since graduation) \$125.00
- Student/Retired Person \$75.00
- Contribution to Student Scholarship Fund \_\_\_\_\_
- TOTAL** \_\_\_\_\_

### Checks Payable to: MAGPS

**Send to:** Deborah M. Sinek, Ph.D.  
313 Second St. SE #211, Charlottesville, VA 22902

**Cancellation Policy:** Full refund less \$25 if made by April 16, 2010. No refunds after April 16, 2010.

**Late registration with** permission of Registrar. Contact Deb Sinek, at [dmsinek@yahoo.com](mailto:dmsinek@yahoo.com) or 434-979-0808

Name _____		
Address _____		
City _____	State _____	Zip _____
Phone _____		
Email _____		

**Please rank order your choice of small group leaders:**

- |                   |                         |
|-------------------|-------------------------|
| ___ Beller        | ___ Brandel             |
| ___ Casey         | ___ Cordonnier          |
| ___ Gump          | ___ Hafkin              |
| ___ Hawkins       | ___ Hedlund /Stillerman |
| ___ Lovett/Lovett | ___ Riddell             |
| ___ Choose for me |                         |

### MENTORING

*I am willing to mentor a first-time attendee.* Yes No