

THE MID-ATLANTIC GROUP PSYCHOTHERAPY SOCIETY

PRESENTS

MAGPS SPRING CONFERENCE 2009

USING ONE'S WHOLE SELF AS A GROUP THERAPIST



Presenter

JEROME GANS, MD, CGP

Saturday & Sunday, April 25 & 26, 2009

Johns Hopkins University
Montgomery County Campus
Rockville, Maryland

CONFERENCE DESCRIPTION

The Spring Conference offers a unique learning experience through didactic information sharing, large group meetings and dialogue, and small process group experiences. Our goal is to provide a relaxed learning environment in which participants can develop a deeper understanding of how to integrate personal experiences into their group leadership style and clinical practice.

Using our Whole Selves as Group Therapists: Unique Personal Experiences and How the Lessons Learned from them Shape our Group Leadership

It would seem self-evident that our personal experience, in one way or another, becomes part of our therapeutic presence. And yet, the group literature contains few accounts of this phenomenon. The implication of this fact seems to be that personal experience is notable only when it gives rise to countertransference difficulties. Personal experience, though, can and does also lend many positive qualities to group leadership, including feelings of confidence and competence, sensitivity, empathy, authenticity, and courage. The conference will celebrate the positive contributions that personal experiences, and the lessons culled from them, contribute to group leadership. We will also explore why these strengths often seem difficult for us to acknowledge and take pride in.

Learning Objectives:

At the end of this conference, participants will be able to

1. discuss at least one personal experience, and a lesson culled from it, that contributes to the participant's therapeutic presence;
2. list three features of courageous responses;
3. discuss why courage recognition is an important leadership function; and
4. compare and contrast leader competence with leader courage.

Continuing Education Credits: For Counselors, Clinical Social Workers, and Psychologists: Johns Hopkins University will award 12 contact hours for this program. Participants must attend, sign in/out each day, and complete an evaluation to receive certificates.

ADA Statement: ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education.



Mid-Atlantic Group Psychotherapy Society
Deborah M. Sinek, Ph.D.
313 Second St. SE Suite 211
Charlottesville, VA 22902

WWW.MAGPS.ORG

Regional Affiliate
of the American Group
Psychotherapy Association
www.agpa.org

CONFERENCE SCHEDULE

Saturday, April 25, 2009

8:00 - 8:45 am	Registration Coffee & Continental Breakfast
8:45 - 9:00 am	Welcome, Introductions
9:00 - 10:30 am	Plenary Session #1
10:30 - 10:45 am	Break
10:45 - 12:15 pm	Small Group #1
12:30 - 2:00 pm	Lunch & Brief MAGPS Board Report
2:15 - 3:45 pm	Plenary Session #2
3:45 - 4:00 pm	Break
4:00 - 5:30 pm	Small Group #2
6:00 - 7:30 pm	New Attendees & Mentors Reception: Courtyard Marriott

Sunday, April 26, 2009

8:15 - 8:45 am	Coffee & Continental Breakfast
8:45 - 10:00 am	Plenary Session #3
10:00 - 10:15 am	Break
10:15 - 11:45 am	Small Group #3
11:45 - 12:15 pm	Small Group Debriefing with leader, Evaluations, CEU Forms
12:30 - 1:00 pm	Conference Wrap Up and Final Remarks

CONFERENCE FACULTY

Guest Presenter

Jerome Gans, MD, CGP, is a Fellow of the American Group Psychotherapy Association (AGPA) and a Distinguished Life Fellow of the American Psychiatric Association. He is an Associate Clinical Professor of Psychiatry at Harvard Medical School and a Clinical Associate in Psychiatry at the Massachusetts General Hospital (MGH). Dr. Gans has served as Co-Chair of the Annual Meeting and Co-Chair of the Institute Committee of AGPA as well as the Book Review Editor of the International Journal of Group Psychotherapy. He is the author of 45 refereed articles, book chapters, book reviews, and newspaper articles. Dr. Gans has a private practice in Wellesley, MA.

Small Group Leaders*

Co-led Group Leaders

Maryetta Andrews-Sachs, LICSW, CGP, and Matt Fleming, PsyD
Ted Siedlecki, PhD, CGP, and Lewis Weber, MSW, PhD, LCSW, CGP

Single-led Group Leaders

Molly Walsh Donovan, PhD, CGP

Wendy Fischer, LCSW

Ron Hopson, PhD

Susan Jacobson, LCSW-C, CGP

Emily Lape, MSW, CGP, FAGPA

Joan Medway, MSW, PhD, CGP, FAGPA

Elizabeth (Libby) Shapiro, PhD, CGP**

John Thomas, MSW, CGP

** Small Group Leaders' biographies are posted on the Conference page at the MAGPS website.*

***MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country. Libby Shapiro is from the Northeastern Society for Group Psychotherapy and with Dr. Gans has co-authored a recent article on the courage of the group therapist.*

CONFERENCE SITE

**Johns Hopkins University
Montgomery County Campus
9601 Medical Center Drive
Rockville, Maryland 20850
301-294-7000**

**The Courtyard Marriott
2500 Research Blvd.
Rockville, MD. 20850
301-670-6700 or 800-321-2211**

DIRECTIONS TO CAMPUS:

Beltway (495) to I-270 North. Take Exit 8 onto the Shady Grove Road West. Go 0.6 miles then turn right on Key West Ave. At first intersection, turn left onto Medical Center Drive. Campus is first driveway on right at 9601 Medical Center Dr. For further driving info: www.jhu.edu/mcc/

**For More Information contact:
Margo London, MSW, CGP, Conference Chair
301-229-1912
MargoLondonMSW@juno.com**

SCHOLARSHIP OPPORTUNITIES

MAGPS supports the professional development of students, interns, and residents through a 1st time Attendee Student Scholarship Fund that covers registration fees. These scholarships are awarded to applicants on a lottery basis.

Download scholarship application from Website: www.magps.org and send to Bob Schulte, MSW, at bobgroup@aol.com

CONFERENCE REGISTRATION

Register Online at www.magps.org

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|---|----------|
| <input type="checkbox"/> I want to join MAGPS and receive member rates & other benefits. \$50 regular member \$25 retired member. | _____ |
| <input type="checkbox"/> MAGPS Member | \$235.00 |
| <input type="checkbox"/> Non-Member | \$255.00 |
| <input type="checkbox"/> First-Time Attendee (Includes 1 year membership) | \$210.00 |
| <input type="checkbox"/> New Professional (First two years since graduation) | \$125.00 |
| <input type="checkbox"/> Student/Retired Person | \$75.00 |
| <input type="checkbox"/> Contribution to Student Scholarship Fund | _____ |
| TOTAL | _____ |

Checks Payable to: MAGPS

Send to: Deborah M. Sinek, Ph.D.
313 Second St. SE #211, Charlottesville, VA 22902
Full refund less \$25 if made by April 17, 2009.
No refunds after April 17, 2009

Registration Deadline: April 17, 2009

Late Registrations accepted on Space Available Basis with \$15 late fee.

Name _____		
Address _____		
City _____	State _____	Zip _____
Phone _____		
Email _____		

Please rank order your choice of small group leaders:

- | | |
|---------------------------|---------------------|
| ___ Andrews-Sachs/Fleming | ___ Siedlecki/Weber |
| ___ Donovan | ___ Fischer |
| ___ Hopson | ___ Jacobson |
| ___ Lape | ___ Medway |
| ___ Shapiro | ___ Thomas |
| ___ Choose for me | |

MENTORING

I am interested in being a mentor for a first-time attendee. Yes No