

MID-ATLANTIC GROUP PSYCHOTHERAPY SOCIETY

## FALL 2009 CONFERENCE

Co-sponsor: Washington School of Psychiatry

### STIMULATING EMOTIONAL WEALTH: Modern Analysis and Money in Group Psychotherapy



GUEST PRESENTER  
MICHAEL HEGENER, MA, LPC, CGP

**Friday, Saturday & Sunday  
November 6, 7 & 8, 2009**

CLARION HOTEL & CONFERENCE CENTER  
Shepherdstown, WV

## CONFERENCE DESCRIPTION

The Fall Conference offers a unique learning experience through large group meetings & dialogue, didactic information sharing & demonstration, and small process group experiences. Our goal is to provide a relaxed learning environment in which you can integrate a deeper understanding of the conference theme into your group leadership style and clinical practice. This conference is intended for psychologists, counselors, social workers, psychiatrists and psychiatric nurses.

### STIMULATING EMOTIONAL WEALTH: Modern Analysis and Money in Group Psychotherapy

The significance we attribute to money is rooted in family history, individual experience, and culture. Inadequately understood, our personal symbolizations of money may cause us difficulty in clinical practice, frequently evidenced in ineffective contracting, erratic fee-setting, problems with collection, and challenges in facilitating the productive discussion of money in our groups. Often an area of vulnerability, our relationship with money can reveal pertinent information about patterns of relating to oneself and to other people. The metaphor of money can provide a “royal road” to resistance analysis in psychotherapy. This conference will provide attendees with an opportunity to reduce shame and anxiety in talking about money and its meanings to deepen therapeutic work in all clinical practice.

#### Learning Objectives: Participants will be able to

1. Discuss how the exploration of patients’ relationships with money will facilitate a fuller understanding of many aspects of our patients’ lives.
2. Use their increased understanding of their own relationship with money
3. Provide patients with a means of exploring their resistance to cooperation
4. Apply their enhanced understanding of patient conflicts about basic dependency needs

#### 12 CE/CME credits

**Continuing Education Credits:** (\$25 administrative fee for CE/CME’s will be collected at the conference)

The Washington School of Psychiatry is approved by the American Psychological Association to sponsor continuing education for psychologists. The Washington School Psychiatry maintains responsibility for this program and its content.

The Washington School of Psychiatry is approved by the Social Work Board of the State of Maryland as a provider of continuing education for social workers.

The School is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to the NBCC Continuing Education Guidelines. Provider # 6388  
The School is approved by the Medical Society of Maryland (MEDCHI) for continuing education for psychiatrists.

**Disclosure of Commercial Support and the Unlabeled use of a commercial product.** No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product(s) discussed in this educational presentation.

**ADA Statement:** ADA accommodations will be made in accordance with the law. Please request any accommodations at the time of registration. We cannot ensure the availability of accommodations without prior notification.



Mid-Atlantic Group Psychotherapy Society  
Deborah M. Sinek, Ph.D.  
313 Second St SE, Suite 211  
Charlottesville, VA 22902

WWW.MAGPS.ORG  
Regional Affiliate  
of the American Group  
Psychotherapy Association  
www.agpa.org

## CONFERENCE SCHEDULE

### Friday, November 6

- 5:30 - 6:30pm** Registration
- 6:30 - 8:30pm** Opening Plenary  
Demonstration Group I  
Discussion
- 8:30 - 10:00** Opening Reception

### Saturday, November 7

- 8:00 - 8:30pm** Continental Breakfast
- 8:30 - 10:30am** Plenary  
Demonstration Group II  
Discussion
- 11:00am - 12:15pm** SMALL GROUP I
- 12:15 - 3:00pm** Lunch on your own
- 3:00 - 5:00pm** Plenary  
Demonstration Group III  
Discussion

### 5:15 - 6:30pm

### 8:00 - 10:00pm

### Sunday, November 8

- 8:15-9:00am** Continental Breakfast
- 9:15-10:30am** SMALL GROUP III
- 10:45-11:45am** Training Demonstration  
Group
- 11:45am - 12:45pm** Final Plenary  
Discussion  
Announcements
- 12:45 -1:15pm** Sign out & CE/CMEs

## CONFERENCE FACULTY

### Guest Presenter:

Michael Hegener is a psychotherapist in private practice in Austin, Texas where he maintains a robust practice specializing in individual, couples, and group psychotherapy. Michael leads long-term groups in his practice and is a proponent of lifelong training and ongoing group treatment for therapists. In addition to his clinical practice, Michael has been an active leader in both the Austin Group Psychotherapy Society and the American Group Psychotherapy Association. He was Co-chair of the Local Task Force for the 2007 AGPA Annual Meeting in Austin and is currently Chair of the Affiliate Societies Assembly. Since 2003, Michael has served on the Editorial Staff of "The Group Circle" – the newsletter of AGPA. He is a frequent presenter on issues relating to group therapy at both the local and national level, specifically working with money and aggression in group. Michael is a passionate student of Modern Psychoanalysis and has participated in a Modern Analytic training group in Austin for 10 years.

### Small Group Leaders

Rosemary Segalla, PhD, CGP  
Steve Van Wagoner, PhD, CGP, FAGPA  
Carolyn Angelo, MSW, BCD, CGP  
Sally Brandel PhD, CGP & Rob Williams MSW, LICSW, CGP  
Tom Large, MMH, LCSW, CGP & Paul Timin, MSW, LCSW  
Alexis Abernethy, PhD, CGP \*\*  
Henry Morris, PhD, CGP  
Nina Brown, EdD, FAGPA

*\*\* MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.*

## CONFERENCE SITE

### Clarion Hotel & Conference Center

233 Lowe Drive, Shepherdstown, WV, US, 25443  
800-252-7466 ♦ 304-876-7000  
Fax: (304) 876-8454

<http://www.clarionshepherdstown.com>

Special Room Rate: \$94/night, single or double occupancy. Rate Deadline: October 6, 2009

### DIRECTIONS (Abbreviated from Mapquest)

**From Baltimore:** Take I-195W Exit 4A, take ramp right for I-95N toward Baltimore. Exit 49B, take I-695 toward Towson. Exit 16, take I-70W toward Frederick. Exit 52, take US-15W/US-340 toward Charles Town/Leesburg. Turn right onto SR-230/Shepherdstown Pike. Keep right to stay on SR-230/Shepherdstown Pike. Bear left onto CR-480/1/E Washington St. Turn left onto SR-480/S Duke St. Turn right onto Lowe Dr.

**From Dulles:** Take S-15 South/VA-7W toward Leesburg/Warrenton. Keep straight onto US-15 Byp S/Leesburg Byp. Keep straight onto SR-7 W/Harry Byrd Hwy. Take VA-9 toward Hillsboro/Charles Town W VA. Turn right onto SR-9/Charles Town Pike. Turn right onto Hillside Dr. Turn right onto US-340W. Keep straight onto SR-9 W. Take ramp for CR-1/Leetown toward Shepherdstown. Turn right onto SR-9/Kearneysville-Virginia Line Rd/Leetown Rd. Keep straight onto SR-480/Kearneysville Pike. Turn left onto Lowe Dr.

### SCHOLARSHIP OPPORTUNITIES

MAGPS supports the professional development of students, interns, and residents through a 1st-time Attendee Student Scholarship Fund that covers registration fees. Scholarships are awarded to applicants on a lottery basis.

To submit an application, contact Lenore Pomerance at [lenore.pomerance@gmail.com](mailto:lenore.pomerance@gmail.com)

## CONFERENCE REGISTRATION

### Register online [www.magps.com](http://www.magps.com)

### Pre - registration required.

Late registrations accepted on space available basis.

- I want to join MAGPS and receive member rates & other benefits. \$50 regular member, \$25 student/retired person \$ \_\_\_\_\_
- MAGPS Member \$235.00
- Non-member \$255.00
- 1st-time Attendee \$210.00  
(Includes one-year membership)
- New Professional \$125.00  
(First two years since graduation)
- Student/Retired person \$ 75.00
- Guest(s) for Saturday Banquet \_\_\_\_\_ x \$23.00 \$ \_\_\_\_\_
- Contribution to student scholarship fund \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

### Checks Payable to: MAGPS

**Send to:** Deborah M. Sinek, Ph.D.

313 Second St SE, Suite 211, Charlottesville, VA 22902

### Registration Deadline 10/30/09

Full refund less \$25 if made by 10/30/2009. No refunds after 10/30/2009.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

### Please rank order your choice of small group leaders:

- \_\_\_\_ Segalla                      \_\_\_\_ Large & Timin  
\_\_\_\_ Van Wagoner              \_\_\_\_ Abernethy  
\_\_\_\_ Angelo                      \_\_\_\_ Morris  
\_\_\_\_ Brown                      \_\_\_\_ Brandel & Williams  
\_\_\_\_ Choose for me