

SPRING 2005 CONFERENCE

**THE 3 “R’s” IN  
GROUP PSYCHOTHERAPY:  
Resistance, Rebellion and Refusal**



featuring

**DR. RICHARD M. BILLOW**

**Saturday & Sunday, April 30– May 1, 2005**

Holiday Inn Select  
Bethesda, Maryland

**PRE-CONFERENCE INSTITUTE  
PRINCIPLES OF GROUP PSYCHOTHERAPY**

**FRIDAY, APRIL 29, 2005**



Mid-Atlantic Group Psychotherapy Society  
Lenore M. Pomerance, MSW  
2000 P St. NW Suite 720  
Washington, D.C. 20036

WWW.MAGPS.ORG

Regional Affiliate  
of the American Group  
Psychotherapy Association  
WWW.AGPA.ORG

**CONFERENCE DESCRIPTION**

The Spring Conference offers a unique learning experience through large group meetings & dialogue, didactic information sharing, and small process group experiences. Our goal is to provide a relaxed learning environment in which you can integrate a deeper understanding of the conference theme into your group leadership style and clinical practice.

**THE 3 “R’s” IN GROUP PSYCHOTHERAPY:  
Resistance, Rebellion and Refusal.**

The 3 “R’s” describe relational or “intersubjective” dynamics present in all psychotherapy - group and individual. These dynamics of resistance, rebellion, and refusal encompass the therapist as well as the patient, group member, and the group itself. The three R’s can serve as impetus, rather than impediment, for potential discovery, independent thinking, and new modes of relating. Dr. Billow will describe and demonstrate these three processes.

Conference participants will:

- Become familiar with a new relational model of group process involving patterns of resistance, rebellion, and refusal, and compare this with traditional formulations.
- Review, revise, and expand theoretical assumptions regarding basic group process, including concepts of therapist activity level, authority, and basis of interventions.
- Identify, analyze, and formulate relational concepts in terms of the demonstration group, and apply relational concepts to their own groups via discussion of their clinical work.

*CEU’s: 12 Contact Hours*

**PRE-CONFERENCE INSTITUTE: PRINCIPLES OF GROUP PSYCHOTHERAPY**

LIMIT: 35 PARTICIPANTS

Chair: Venus Masselam PhD, CGP; Faculty: Nina Brown EdD, CGP; Emily Lape MSW, CGP, FAGPA; Joan Medway MSW, PhD, CGP; Irwin S. Sacks, PhD, CGP.

This one-day course will use didactic, discussion and experiential demonstration methods to give an overview of the theory and practice of group psychotherapy. Areas to be covered include foundations of group therapy, group process and dynamics, the change process, the role of the leader and short-term thematic and structured approaches to group therapy.

*CEU’s: 7 Contact Hours*

**Note:**

Participants wanting to meet the AGPA requirement of 12 hours of didactic instruction for CGP certification may satisfy this requirement by also registering for the Spring Conference and joining a small process group designated by “CGP.” See the Registration Form inside.

*MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education.*

## CONFERENCE SCHEDULE

### PRE-CONFERENCE INSTITUTE

Friday: April 29, 2005

9:00 - 5:00 pm Principles of Group  
Psychotherapy

### SPRING CONFERENCE

Saturday: April 30, 2005

8:30 - 9:00 am Coffee & Pastry

9:00 - 9:15 am Opening Remarks

9:15 - 11:15 am General Session #1

11:30 - 1:00 pm Small Group #1

1:00 - 2:30 pm Luncheon

2:30 - 4:15 pm General Session #2

4:30 - 6:00 pm Small Group #2

Sunday: May 1, 2005

8:15 - 8:45 am Coffee & Pastry

8:45 - 10:30 am General Session #3

10:45 - 12:15 pm Small Group #3

12:20 - 12:40 pm Small Group  
Debriefing

12:40 - 12:50 pm Evaluation & CEU  
Applications

1:00 - 1:20 pm Wrap-up &  
Final Remarks

Cover Image: "Confrontation"  
An installation by H. Jennings Sheffield

## CONFERENCE FACULTY

### Guest Presenters

Richard M. Billow, PhD, a clinical psychologist and psychoanalyst, is Clinical Professor and Director of the Postdoctoral Program in Group Psychotherapy at the Gordon Derner Institute of Advanced Psychological Studies at Adelphi University. He is an active contributor to the psychoanalytic and group literature, and a frequent presenter at group conferences. He has a private practice in Great Neck, New York.

### Small Group Leaders

Maryetta Andrews-Sachs, MA, CGP

Patricia Doyle, PhD, CGP  
AGPA, New York City\*

Phyllis Hirschkop, MSW, CGP

Susan Jacobson, LCSW-C, CGP

Michael Stiers, PhD, CGP

Joseph Tarantolo, MD, CGP

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Nina Brown, EdD; CGP\*\*

Susan Lieberman, MSW, CGP\*\*

\*\*CGP Training Group

\*MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.

## CONFERENCE SITE

### Holiday Inn Select

8120 Wisconsin Avenue, Bethesda, MD 20814

Reservations: 301-652-2000

Toll Free: 1-877-888-3001

Special Room Rate:

\$ 119 per night, double occupancy plus taxes

72-hour Notice for Cancellation

Credit Card Reservation by April 22, 2005

### DIRECTIONS:

#### By Metro:

Metro Red Line to Bethesda, walk 4 blocks north.

#### By Auto:

From 495 Beltway, take Wisconsin Avenue South, 3 miles to hotel.

#### Parking:

Saturday and Sunday: Public Garage behind Hotel on Woodmont Avenue - Free parking.

Friday: Public Garage - Metered parking with quarters.

### For More Information:

Lenore M. Pomerance, MSW, Conference Chair  
Phone: 202-333-2434

E-mail: [lenore@menopausecounseling.com](mailto:lenore@menopausecounseling.com)

## SCHOLARSHIP OPPORTUNITIES

MAGPS supports the professional development of students, interns, and residents through a 1st time Attendee Student Scholarship Fund that covers registration fees. These scholarships are awarded to applicants on a lottery basis.

To submit an application, contact:

Barry Wepman, PhD, CGP Scholarship Chair  
202-337-0705

## CONFERENCE REGISTRATION

Registration Deadline: April 22, 2005

Late Registrations accepted on Space Available Basis.

I want to join MAGPS and receive member rates & other benefits. \$50 regular member \$25 student/retired person \$ \_\_\_\_\_

MAGPS Member \$195.00

Non-member \$215.00

1st Time Attendee \$175.00

Member Student/Retired Person \$100.00

Non-member Student/Retired Person \$120.00

PRE-CONFERENCE INSTITUTE

General Admission \$ 85.00

Student/Retired Person \$ 50.00

Luncheon: \$35 per person

\_\_\_\_\_ x \$35 = \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

Checks Payable to: MAGPS

Send to: Lenore Pomerance, Chair

2000 P St. NW #720, Washington, D.C. 20036

Cancellation Policy: Full refund less \$25 if made by April 15, 2005. No refunds after April 22, 2005

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please rank order your choice of small group leaders:

\_\_\_\_\_ Andrews-Sachs \_\_\_\_\_ Doyle

\_\_\_\_\_ Hirschkop \_\_\_\_\_ Jacobson

\_\_\_\_\_ Stiers \_\_\_\_\_ Tarantolo

\_\_\_\_\_ Choose for me

For Pre-Conference Institute attendees only:

\_\_\_\_\_ Brown \_\_\_\_\_ Lieberman

\_\_\_\_\_ Choose for me