

MID-ATLANTIC GROUP PSYCHOTHERAPY SOCIETY

FALL 2005 CONFERENCE

**WHO ARE WE, REALLY?  
A Spiritual Approach to Group  
Psychotherapy**



GUEST PRESENTER

**KENNETH PORTER, M.D.**

**Friday, Saturday & Sunday  
November 4, 5 & 6, 2005**

**RAMADA ON THE BEACH  
Virginia Beach, Virginia**

**CONFERENCE DESCRIPTION**

The Fall Conference offers a unique learning experience through large group meetings & dialogue, didactic information sharing, and small process group experiences. Our goal is to provide a relaxed learning environment in which you can integrate a deeper understanding of the conference theme into your group leadership style and clinical practice.

**WHO ARE WE, REALLY?  
A Spiritual Approach to Group Psychotherapy**

What really heals? Do we love what we do? What makes us happy? And most of all - who are we, really? Kenneth Porter, M.D. will be challenging us to ask and find some answers to these and other questions. This conference will teach and experientially present the basics of spiritually-oriented group psychotherapy, based on innovative models of the self, psychopathology, therapeutic process and therapeutic technique.

**Learning Objectives:**

Participants will be able to:

- Describe a new model of spiritually-oriented group therapy.
- Identify the basics of mindfulness meditation.
- Discuss how to implement techniques of this approach to their clinical applications.

**Continuing Education Credits:**

Social Workers & LPCs: 12 CEU credits will be awarded by Old Dominion University  
Psychologists: This conference is co-sponsored by Amedco and MAGPS. Amedco is approved by the American Psychological Association to offer continuing education for psychologists. Amedco maintains responsibility for this program. Participants must attend, sign in/out each day, and complete an evaluation to receive certificate. Certificates will be sent after the seminar or posted on the internet at: [www.cmehelp.com](http://www.cmehelp.com). 11 hours.

**ADA Statement:** ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. Amedco cannot ensure the availability of appropriate accommodations without prior notification.

*MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV.  
Its mission is to provide and support group psychotherapy training and education.*



Mid-Atlantic Group Psychotherapy Society  
Molly W. Donovan, Ph.D.  
1400 20th St., NW Suite 101  
Washington, D.C. 20036

WWW.MAGPS.ORG

Regional Affiliate  
of the American Group  
Psychotherapy Association  
[www.agpa.org](http://www.agpa.org)

## CONFERENCE SCHEDULE

### Friday: November 4, 2005

- 5:30 - 6:30 pm Registration
- 6:30 - 9:00 pm Opening Plenary:  
*Spiritual model of the self and psychopathology*  
Demo Group # 1
- 9:00 - 10:00 pm Reception/Cash Bar

### Saturday: November 5, 2005

- 8:30 - 9:00 am Continental Buffet
- 9:00 - 10:30 am Experiential Group
- 10:45 - 1:15 pm Plenary:  
*Spiritually oriented psychotherapy process and technique.*  
Demo # 2
- 1:15 - 3:00 pm Lunch on your own
- 3:00 - 4:30 pm Experiential Group 2
- 4:30 - 7:00 pm Free Time
- 7:00 - 9:00 pm Banquet and  
Business Meeting
- 9:15 Movie

### Sunday: November 6, 2005

- 8:15 - 8:45 am Continental Buffet
- 9:00 - 10:30 am Experiential Group 3
- 10:45 - 1:00 pm Plenary & Demo # 3
- 1:00 - 1:30 pm Wrap-up/Evaluations

Cover image: "Stone Circle, Ireland"  
Photography by Molly Walsh Donovan

## CONFERENCE FACULTY

### Guest Presenter:

Kenneth Porter, M.D., is a spiritually-oriented psychiatrist and psychoanalyst who has practiced individual, group and couple psychotherapy for thirty-five years. He is co-founder of the Eastern Group Psychotherapy Society Training program and has taught nationally at AGPA for twenty years. Currently President-elect of the Association for Spirituality and Psychotherapy, he is a teacher of Buddhist meditation, and leads combined meditation and therapy groups for psychotherapists.

### Small Group Leaders

Barbara Cristy, MSW

Mary Dluhy, MSW CGP,

Laura June, Ph.D.

Jeffrey Price, MA CGP  
*Past President, Colorado GPS\**

John Rhead, Ph.D.

H. Cooke Read, MSW

Rosemary Segalla, Ph.D.

\*\* MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.

## CONFERENCE SITE

Ramada On The Beach  
615 Atlantic Avenue  
Virginia Beach, Virginia 23451  
800-888-4111 or 757-425-7800  
www.virginiabeachramada.com

**Special Room Rate:**  
**\$69 per night, double occupancy plus taxes**

**Hotel Rate Deadline:**  
**Tuesday October 4, 2005**

### TRANSPORTATION FROM BALTIMORE-WASHINGTON METRO AREA

**Car:** I-95S, I-64, E -I-264 to Virginia Beach.

**Airplane:** USAir from Nat'l to Norfolk:  
Share 20 minute cab ride to hotel.

**Chartered Bus:** US Coachways  
Contact Lisa Zimmerman: 202-413-0686  
or Lisazimmerman@mindspring.com  
Bus option depends on number of committed participants. Cost is \$75 round-trip.

### For More Information:

Molly W. Donovan, Ph.D., Co-Chair  
202-822-8070

### SCHOLARSHIP OPPORTUNITIES

MAGPS supports the professional development of students, interns, and residents through a 1st-time Attendee Student Scholarship Fund that covers registration fees. Scholarships are awarded to applicants on a lottery basis.

To submit an application, contact:  
Emily Lape, MSW, Scholarship Chair  
434-243-5150

## CONFERENCE REGISTRATION

**Registration Deadline: October 21, 2005**  
**Pre-registration required.**

Late Registrations accepted on Space Available Basis.

I want to join MAGPS and receive member rates & other benefits. \$50 regular member, \$25 student/retired person \$ \_\_\_\_\_

MAGPS Member \$195.00

Non-member \$215.00

1st-time Attendee \$175.00

Member Student/Retired Person \$100.00

Non-member Student/Retired Person \$120.00

Saturday dinner:  
\$40 per person

\_\_\_\_\_ x \$40 = \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

### Checks Payable to: MAGPS

**Send to:** Molly W. Donovan, Ph.D.  
1400 20th St., NW #101, Washington, DC 20036

**Cancellation Policy:** Full refund less \$25 if made by 10/21/2005. No refunds after 10/21/2005.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Please rank order your choice of small group leaders:

\_\_\_\_\_ B. Cristy \_\_\_\_\_ R. Segalla

\_\_\_\_\_ M. Dluhy \_\_\_\_\_ J.Rhead

\_\_\_\_\_ L. June \_\_\_\_\_ H. Cooke Read

\_\_\_\_\_ J. Price \_\_\_\_\_ Choose for me