

MID-ATLANTIC GROUP PSYCHOTHERAPY SOCIETY

FALL 2003 CONFERENCE



THE INTEGRATION OF INTERPERSONAL & EXISTENTIAL APPROACHES TO GROUP PSYCHOTHERAPY

featuring

Molyn Leszcz, M.D., FRCP (C)

Friday, Saturday, Sunday

October 31, November 1 & 2, 2003

Holiday Inn Select
Solomons, Maryland



Mid-Atlantic Group Psychotherapy Society
Bob Schulte, MSW, CGP, CGP, Conference Chair
119 South Saint Asaph Street
Alexandria, Virginia 22314

WWW.MAGPS.ORG

Regional Affiliate
of the American Group
Psychotherapy Association
WWW.AGPA.ORG

Dear Colleagues:

The MAGPS Annual Fall Conference offers a unique learning experience through lecture, demonstration, performance, and interactive small groups.

Our goal is to provide a relaxed learning environment in which you can integrate a deeper understanding of the conference theme into your group leadership style and clinical practice.

Please join us!

Bob Schulte MSW, CGP, Chair and Amy Bush PhD, CGP, Co-Chair

Conference Committee Members

Trish Cleary LCPC, CGP ~ Rose MacIntire MSW ~ Venus Masselam PhD

Farooq Mohyuddin M.D. ~ Irwin Sacks PhD, CGP

CONFERENCE DESCRIPTION

The Integration of Interpersonal & Existential Approaches to Group Psychotherapy

Interpersonal theories of human development attribute the genesis of psychological difficulties to the failed responsiveness of significant others in the individual's early life and thus leading to the development of self-perpetuating maladaptive interpersonal patterns of behavior.

The existential model alternatively views the individual's psychological difficulties as arising out of the inevitable and universal confrontation with life's ultimate concerns of death, freedom and responsibility, isolation, and the search for meaning.

This conference will explore the inter-relatedness of these two approaches as they emerge in the here-and-now of the interpersonal psychotherapy group.

Learning Objectives:

Participants will gain knowledge of:

- Working with interpersonal and existential anxiety in the here-and-now of the psychotherapy group.
- Contemporary developments in group psychotherapy that synthesize interpersonal, cognitive-behavioral, existential, and dynamic perspectives.
- Existential concerns including death, freedom and responsibility, isolation, and the search for meaning.
- Disciplined therapist involvement and therapeutic meta-communication.

CEU's: 12 Contact Hours

MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education.

CONFERENCE SCHEDULE

Friday: October 31, 2003

- 5:30 - 6:30 pm Registration
- 6:30 - 8:30 pm Opening Plenary & Demo Group # 1
- 8:30 - 10:00 am Reception

Saturday: November 1, 2003

- 8:30 - 9:00 am Coffee & Pastry
- 9:00 - 10:30 am Small Group # 1
- 11:00 - 12:30 pm Demo Group # 2
- 12:30 - 3:00 pm Lunch On Your Own
- 3:00 - 4:30 pm Small Group # 2
- 4:45 - 6:15 pm Plenary
Scenes from the play: 'Art' and discussion
- 7:30 - 9:30 pm Banquet & Business Meeting

Sunday: November 2, 2003

- 8:30 - 9:00 am Coffee & Pastry
- 9:00 - 10:00 am Demo Group # 3
- 12:40 - 1:00 pm Small Group # 3 & Debriefing
- 11:30 - 12:00 pm Conference Wrap-up

CONFERENCE FACULTY

Guest Presenter

Molyn Leszcz, M.D., FRCP (C) is an Associate Professor and Head of the Group Psychotherapy Program, Department of Psychiatry, University of Toronto. His academic and clinical work has focused on broadening the applications of the contemporary psychotherapies, particularly group psychotherapy, within psychiatry. Dr. Leszcz has published in group therapy and medical literature on integrative and interpersonal approaches to group psychotherapy and its applications for geriatric depression and the medically ill. His research on group treatment for women with metastatic breast cancer was published in the New England Journal of Medicine. He has been awarded Fellowship in the Canadian Group Psychotherapy Association and is the recipient of teaching awards at the University of Toronto. Presently, Dr. Leszcz is co-writing with Dr. Irvin Yalom the 5th edition of *The Theory and Practice of Group Psychotherapy*.

Small Group Leaders

Maryetta Andrews-Sachs MA
Richard Beck MSW, BCD, CGP**
Eastern Group Psychotherapy Society
Theodore Grant PhD
Patricia McCallum MSW
Joan Medway MSW, PhD, CGP
George Saiger MD, CGP, FAGPA
Michael Stiers PhD, CGP

** A new MAGPS tradition is to invite a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.

CONFERENCE SITE

Holiday Inn Select

155 Holiday Drive, Solomons, MD 20688

Reservations: 1-800-356-2009

Special Room Rate: \$ 99 per night plus taxes

Credit Card Reservation by Oct 1, 2003

Solomons is a quiet waterfront retreat situated on the western shore of the Chesapeake Bay in Southern Maryland less than two hours from Washington, DC. Historic Solomons Island has quaint boutiques, art galleries, antique and gift shops, a board walk, walking paths and a bike trail, all within walking distance of the Holiday Inn. The Inn also has a yacht-filled marina at its backdoor and beautiful views of the sunset.

DIRECTIONS:

From Baltimore:

Route 695 S to 97 S to Route 3 (which becomes Route 301 South); follow to Route 2/4 South (Prince Frederick/Solomons); L at Town Center; R onto Service Road; L on Holiday Drive.

From Northern Virginia:

495 S across Woodrow Wilson Bridge, take Exit 11 A (Pennsylvania Ave. S - Route 2/4) to Solomons. L at Town Center; R on Service Road; L on Holiday Drive.

From Richmond:

I-95 N to Route 301 N across Governor Nice Memorial Bridge. R on Route 234. R on Route 5 through Leonardtown; L on Route 4 across Governor Thomas Johnson Bridge; take first R off bridge; L on Service Road; R on Holiday Drive.

FOR MORE INFORMATION

Bob Schulte, MSW, Conference Chair
Ph: 703-838-1633 Email: bobgroup@aol.com

CONFERENCE REGISTRATION

Registration Deadline: October 20, 2003

Late Registrations accepted on Space Available Basis.

- Member Fee \$190.00
- First-time Attendee \$150.00
- Non-member Fee \$210.00
- Member Student/Retiree Fee \$100.00
- Non-member Student/Retiree Fee \$120.00

If a student, indicate school/training site:

- Conference Banquet
\$35 per person

_____ x \$35 = \$ _____

- I would like to join MAGPS and receive member conference rates and other benefits.
\$40 regular member dues. \$ _____
\$25 student/retiree dues. \$ _____

TOTAL \$ _____

Checks Payable to MAGPS

Send to: Bob Schulte, Conference Chair
119 S. Saint Asaph Street, Alexandria, Virginia 22314

Cancellation Policy: Full refund less \$25 if made by 10/15/03. No refunds after October 15, 2003.

Name _____

Address _____

City _____ State _____ Zip _____

Phone: Work _____ Home _____

Email _____ Fax _____

Please rank order your choice of small group leaders:

- _____ Maryetta Andrews-Sachs MA
- _____ Richard Beck MSW, BCD, CGP**
- _____ Theodore Grant PhD
- _____ Patricia McCallum MSW
- _____ Joan Medway MSW, PhD, CGP
- _____ George Saiger M.D., CGP, FAGPA
- _____ Michael Stiers PhD, CGP
- _____ **Choose for me**

