

## Welcome

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Dear Colleague,

The 2002 Fall MAGPS Conference format weaves lecture, live demonstration group, and interactive small group experiences into a unique learning experience. Our goal is to provide you the opportunity to integrate a deeper theoretical understanding of the conference theme/topic into your own group leadership style and everyday clinical practice. Dr. Flores will help guide this exciting enterprise over our three days of working together. Please join us!

Conference Committee:

Bob Schulte, MSW, Chairman

Amy Bush, Ph.D., Co-Chair

Venus Masselam, Ph.D., John Thomas, MSW

Emily Lape, LCSW, Irwin Sacks, Ph.D



**For further information please contact:**

Robert Schulte, Conference Chair at 703-838-1633

[www.magps.org](http://www.magps.org)

## About MAGPS

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MAGPS was among the first regional affiliates to be organized by the American Group Psychotherapy Association in 1957. The Society serves group therapists from the District of Columbia, Maryland, Virginia and West Virginia. Its mission is to provide group psychotherapy training, education and advocacy.

Each year MAGPS sponsors two weekend training conferences, one in the fall and spring, a one-day workshop for front-line practitioners in agency settings, occasional seminars and ongoing training partnerships with local institutions. MAGPS membership benefits include a bi-annual newsletter with organizational news and clinical articles written by society members, website ([magps.org](http://magps.org)), a mentoring program, an informal referral network and a welcoming community of colleagues. To learn more contact Amy Bush, Membership Chair, 703-442-8088.

## Addiction as an Attachment Disorder: Implications for Group Therapy

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Attachment theory, self psychology, and affect regulation theory characterize addiction as an attachment disorder induced by a person's misguided attempt at self-repair because of deficits in psychic structure. Vulnerability of the self is the consequence of early developmental failures and environmental deprivation, leading to ineffective attachment styles and a propensity to substitute addictive substances and behaviors for mutually regulating interpersonal relationships.

When a developing child's holding environment fails to provide adequate attunement, mirroring, and self-object responsiveness, deficits in maturational development occur. Deficit theories—like attachment theory and self psychology—provide a more comprehensive theoretical framework for addressing the maturational needs and the various levels of developmental arrest related to environmental failures, neglect, and abuse.

This conference will focus on the importance of the therapeutic relationship as a crucial aspect of the *relational approach* to treatment in both individual and group therapy. Particular emphasis will be placed on understanding substance abuse and other addictive behaviors as “attempts at self-repair”.

## Learning Objectives:

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Participants will gain knowledge of:

1. Relational theories as applied to the treatment of patients who suffer from pre-oedipal developmental arrest, character pathology, and substance abuse.
2. Early, middle and late stage treatment strategies as reflected in the therapist's evolving relational stance to the group members and the group-as-a-whole.
3. Different styles of attachment (Secure, Avoidant, Resistant, Disorganized/Disoriented) and how to recognize their emergence in treatment.
4. How to work with self-object transferences between group therapist, group members, and the group-as-a-whole.

**Continuing Education Credits:**  
CEU'S (12 contact hours). Register on-site.

## Guest Presenter

**Philip J. Flores, Ph.D., FAGPA**, is a clinical psychologist who has worked extensively for the past twenty years in the area of addictive disorders and group psychotherapy. He is adjunct Faculty at Georgia State University and the Georgia School of Professional Psychology and is the supervisor of group psychotherapy at Emory University. Dr. Flores is the author of *Group Psychotherapy With Addiction Populations* and has another book in press (Jason Aronson Press) on the subject of addiction as an attachment disorder. Dr. Flores and his wife, Lisa Mahon, Ph.D., conduct several outpatient psychotherapy groups a week in their private practice in Atlanta, Georgia.

## Small Group Leaders

### **Carolyn Angelo, MSW**

Past President, Mid-Atlantic Group Psychotherapy Society; Board Member, Washington School of Psychiatry; National Group Psychotherapy Institute Alumni, Class of 1996; Private Practice, Washington, D.C.

### **Mary Dluhy, MSW, CGP, FAGPA**

Past-Chair, Faculty, Group Psychotherapy Program and the National Group Psychotherapy Institute of the Washington School of Psychiatry; Co-chair, Institute Committee of AGPA; President Emerita, Founder, Clinical Social Work Institute of Washington, D.C.; Private practice, Washington, D.C. & Alexandria, VA.

### **Susan Jacobson, MMH, LCSW-C**

Past Chair, Ethics Committee, Maryland Society of Clinical Social Work; Secretary, The American Academy of Psychotherapists; Private practice in Columbia, Maryland includes group work with young adult cancer patients.

### **Ron Kimball, Ph.D.**

Private Practice, Washington, D.C. Biography unavailable at printing. Call for information.

### **Darryl Pure, Ph.D., CGP, FAGPA \***

President of the Illinois Group Psychotherapy Society; AGPA Affiliate Society Assembly Representative; Private Practice, Chicago, Illinois.

### **Sy Rubinfeld, Ph.D., CGP**

Founding Director, Faculty, National Group Psychotherapy Institute, Washington School of Psychiatry; Faculty, Group Psychotherapy Program, WSP; 2001 Recipient of the Alonzo Award; Private Practice in Washington, D.C.

### **Rosemary Segalla, Ph.D.**

Director Emerita, Faculty, Board of Director, Institute of Contemporary Psychotherapy & Psychoanalysis; Faculty, Group Psychotherapy Training Program and National Group Psychotherapy Institute, Washington School of Psychiatry; Private Practice.

*\* A new MAGPS tradition is to invite a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.*

## CONFERENCE SCHEDULE

### Friday, November 1, 2002

- |               |  |
|---------------|--|
| 5:00-6:00 PM  | Registration   |
| 6:00-8:15 PM  | Opening Plenary:<br>A Meta-theory of Addiction: Integration of Attachment Theory, Self Psychology and Affect Regulation Theory<br>Demonstration Group & Discussion |
| 8:15-10:00 PM | Cocktail Reception   |

### Saturday, November 2, 2002

- |                  |  |
|------------------|--|
| 8:00-8:30 AM     | Coffee and pastry  |
| 8:30-10:00 AM    | Small Group Meeting # 1  |
| 10:00-10:30 AM   | Break  |
| 10:30-12:00 noon | Plenary: The Group Therapist's Relational Stance<br>Demonstration Group & Discussion |
| 12:00-4:00 PM    | Lunch on your own and free time to explore   |
| 4:00-4:30 PM     | Plenary: Treatment Strategies  |
| 4:45-6:15 PM     | Small Group Meeting # 2  |
| 7:30-9:30 PM     | Banquet with short Business Meeting  |
| 9:30 PM          | Entertainment  |

### Sunday, November 3, 2002

- |                |  |
|----------------|--|
| 8:00-8:30 AM   | Coffee and Pastry                          |
| 8:30-10:00 AM  | Small Group Meeting # 3                    |
| 10:00-10:30 AM | Small Group Debriefing & Evaluations       |
| 10:30-11:00 AM | Break<br>CEU Sign-up at Registration Table |
| 11:00-11:45 AM | Wrap Up with Guest Presenter               |
| 11:45 AM       | Closing Remarks                            |

**Travel Home Safely!**

# ACCOMMODATIONS

Rooms at the Williamsburg Hospitality House in Williamsburg, Virginia are available at a special conference rate of \$110 per night plus taxes. The hotel is located across from William & Mary College and just a few minutes walk from colonial Williamsburg, shops and restaurants. Availability is guaranteed until October 1. Credit card registration and seventy-two hour notice for cancellations/changes required. Reserve early!

Special Rate: \$110/single occupancy plus taxes, per night.  
\$110/double occupancy, plus taxes, per night, based on availability.

**For Reservations: 1-800-932-9192. Reserve by October 1, 2002.**

After October 1, reservations only on a space available basis.

**DRIVING DIRECTIONS:** From Norfolk or Richmond, take I-64 East (from Richmond), I-64 West (from Norfolk), Exit 238 off I-64 and follow signs to Colonial Williamsburg. Turn right on Route 132 (not 132Y). Proceed straight through the traffic light. After crossing the railroad tracks, go through the traffic light and take the next right on Scotland Street. At Richmond Road, the Williamsburg Hospitality House will be on the right. 415 Richmond Road.

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## CONFERENCE REGISTRATION FORM

The 2002 Annual Fall Conference of MAGPS  
Addiction as an Attachment Disorder: Implications for Group Therapy

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City/State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

E-Mail: \_\_\_\_\_

\_\_\_ Conference, MAGPS Member Fee 175.00

\_\_\_ Conference, Non-MAGPS Member Fee 195.00

\_\_\_ Conference, Student/Retiree Fee 95.00

\_\_\_ I would like to join MAGPS and receive  
MAGPS member rates for this conference 40.00

Banquet Fee, Saturday night

**Attendee & guests:** \_\_\_\_\_ x **\$30.00** \$ \_\_\_\_\_

\_\_\_ Chicken \_\_\_ Pork Loin \_\_\_ Vegetarian

After October 15 add \$10.00 \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

Please rank order your choice for small group leader:

\_\_\_ Carolyn Angelo, MSW

\_\_\_ Mary Dluhy, MSW

\_\_\_ Susan Jacobson, MSW

\_\_\_ Ron Kimball, Ph.D.

\_\_\_ Darryl Pure, Ph.D.

\_\_\_ Rosemary Segalla, Ph.D.

\_\_\_ Sy Rubinfeld, Ph.D.

\_\_\_ choose for me

\_\_\_ **I volunteer to participate in a one-session "Live Demonstration Group". Final selection by lottery.**

\_\_\_ I'd like to participate in a free session post-conference study group led by Judy Tyson, Ph.D. (Register on-site.)

**MAKE CHECK PAYABLE TO:**  
MAGPS

**MAIL WITH REGISTRATION FORM TO:**

Robert Schulte, Conference Chairman  
119 S Saint Asaph Street  
Alexandria, VA 22314

**CANCELLATION POLICY:**

Full registration refunds are available until  
October 10, 2002, less \$25.



**The 2002 Annual Fall Conference of the  
Mid-Atlantic Group Psychotherapy Society, Inc.**

**Addiction as an Attachment Disorder:  
Implications for Group Therapy**

with  
**Philip Flores, Ph.D., FAGPA**

Friday, Saturday, Sunday  
November 1-3, 2002

**The Williamsburg Hospitality House  
415 Richmond Road  
Williamsburg, Virginia**

1-800-932-9192

**Make Hotel Reservations by October 1!**

Robert Schulte, Conference Chairman  
**Mid-Atlantic Group Psychotherapy Society, Inc.**  
119 South Saint Asaph Street  
Alexandria, VA 22314  
703-838-1633

**Addiction as an Attachment Disorder:  
Implications for Group Therapy**

November 1-3, 2002 - Williamsburg, VA  
**Reserve Hotel Accommodations by October 1**  
1-800-932-9192